

DAILY WORDS



For when you need

INSPIRATION

For when you need a boost of

CONFIDENCE

For when you are feeling

LONELY

For when you are feeling

SAD

For when you need

Hope

Everyday someone needs a pick me up. Some days we need inspiration, and encouragement. Some days we are lonely and sad. Some days we need hope.

Have your Unit make daily words to make people smile. A smile can go a long way. Lift people up when they need to be lifted. Smile and I assure you people will smile back. Get a jar and write uplifting quotes and put them in jar; for example, 1 If you need a miracle today, find a prayer partner and pray, 2 Smile —It makes people wonder what you have been up to, 3 When you share a friend's burden both of you walk a little straighter. See how many you can get to fill a jar.

SMILE, SMILE, SMILE